

NOTES

The Birth Place

AT EMORY JOHNS CREEK HOSPITAL



Welcome!

We are honored to welcome you to our Birth Place at Emory Johns Creek Hospital. Our staff is committed to providing you the very best of care in the most comfortable of settings.

This packet has been created for mothers-to-be who have chosen to deliver their babies at Emory Johns Creek Hospital. We hope this packet will give you the information you need to begin making preparations for your very special delivery!

Some of the things we're most proud of at The Birth Place:

- Family centered care
- All private rooms
- Labor/Delivery/Recovery rooms
- Level III Neonatal Intensive Care Unit
- Board certified Neonatologists on staff
- Anesthesiologists available around the clock
- Personal, pampered attention

FAMILY CENTERED CARE

The Birth Place at Emory Johns Creek Hospital has been designed with the needs of the entire family in mind. Our roomy suites are furnished with sleeping/lounging quarters for fathers or birth coaches.

TOURS

Tours of The Birth Place at EJCH are offered every Thursday evening at 6:00pm and every Saturday at 10:00am. If you would like a tour, please come to the main lobby of the hospital at one of the specified times and you will be greeted by a tour guide. To register for birth tours, please contact HealthConnection line to schedule the tours, 404-778-7777 or online <https://www.emoryhealthcare.org/locations/hospitals/emory-johns-creek-hospital/birth-place.html>

CLASSES

Emory Johns Creek Hospital offers a wide variety of classes and schedules to accommodate your lifestyle and needs. Classes offered include childbirth education and breastfeeding. Class sizes are limited to ensure personal attention. For more information and to register, please call 678-474-8200.

CHILDBIRTH PREPARATION CLASSES

We have a 6-hour course offered over 2 weeknights or all in one weekend day. The classes consist of lecture, discussion and sharing time, and active class participation, which covers breathing, relaxation and comfort measures for labor. Topics include:

- Discomforts of late pregnancy
- Anatomy and physiology
- Stages of labor
- Pain management—breathing and relaxation techniques
- How to prepare for labor
- Medications—possible complications—Cesarean sections
- Post-partum and newborn care
- Infant feeding, basic breastfeeding

TO REGISTER FOR CLASSES, call 678-474-8200

VISITING HOURS

There are no set visiting hours at Emory Johns Creek Hospital. It is our policy to be flexible and accessible for family to visit our guests anytime. We ask that other visitors visit between the hours of 9 a.m. and 9 p.m. when possible. Children who are visiting should be free of any illness, including fever, runny noses, coughs, etc. and always accompanied by an adult. The Birth Place is a secured unit. Visitors may request entry at the doors next to the elevators or visit the nurses' station.

PREPARING FOR YOUR HOSPITAL STAY

It is a good idea to pack for your trip to the hospital one month before your due date. If you have other children, arrange for their care while you are away. What to bring:

Admissions:

- Insurance card and Identification
- Social security information

For Labor:

- Robe
- Slippers
- Lip Balm
- Toothbrush and toothpaste
- Warm socks
- Contact lens case and solution
- Eyeglasses
- Hair clasp for long hair
- Camera/video recorder
- Pillows

For after you deliver:

- Makeup, hairdryer
- 4-6 pair of underwear
- 2-3 nightgowns

- 2-3 bras
- Shampoo, shower gel, deodorant
- List of telephone numbers of people you'll want to call
- Clothes to wear home for you
- Clothes for the baby to wear home
- Blankets for the baby
- Car seat

CAR SEAT

Georgia State law requires all children to be placed in car seats. Please practice buckling the seat into your car before your baby's first ride.

HEARING SCREENING

Every baby born at The Birth Place at Emory Johns Creek Hospital will receive a specialized hearing test to detect possible impairment that could cause critical language development problems.

YOUR BABY'S DOCTOR

You should select a health care provider (a physician or pediatrician) for your baby before he or she is born. Please bring the Pediatrician's contact information with you to the hospital. If you choose a Pediatrician that does not come to this hospital, the Neonatologist on staff will care for your infant while they are here.

BIRTH CERTIFICATION PROCESS

Our Vital Records Coordinator will help you complete the necessary paperwork to register your child's birth in accordance with the laws of the State of Georgia.

GIFT SHOP

Our Gift Shop is located near the Main Entrance of the hospital. We carry a variety of gift items for a variety of occasions! We are happy to deliver gifts to your room, or even bring a selection by for you to choose from if visiting the Gift Shop is not convenient for you.

PREADMISSION INFORMATION

We want to make your hospital visit as pleasant as possible. The Preadmission Form included in this packet helps to speed up the admissions process. Please complete this form and fax it to us at the number indicated on the form. If your insurance requires precertification, please make arrangements with your physician to obtain the necessary authorizations.

FINANCIAL ARRANGEMENTS

Please bring your health insurance card or documents showing your eligibility for Medicare or Medicaid. We will make copies of all insurance cards, including Medicare and current Medicaid cards.

Even though you may have insurance, you are the responsible payer for your bill. The Hospital accepts assignment and will file your insurance with your company and will assist in any way reasonably possible to insure that your benefits are paid promptly by your insurance company.