



## Your Comprehensive Executive Physical includes:

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- Extensive physical examination
- Medical history review
- Family health risks review
- Electrocardiogram (EKG)
- PA and lateral Chest X-ray
- Complete laboratory analysis, including:
  - Complete blood count (CBC)
  - Lipid panel (Total, HDL, LDL, cholesterol and triglycerides)
  - hs-CRP (high sensitivity C-reactive protein), a general measure of inflammation, which, when elevated, can be associated with an increased risk of coronary disease)
  - Blood sugar
  - Liver function
  - Kidney function
  - Electrolytes
  - Thyroid function (TSH)
  - Urinalysis
  - PSA (males age 40 and above)
  - Pap Smear (if required)
- Wellness Coaching: Behavior modification program including:
  - Preventive and lifestyle management
  - Cardiac risk reduction
  - Nutrition counseling
  - Weight management
  - Stress evaluation
  - Fitness assessment
  - Individualized action plan for improvement

## The total cost of the Comprehensive Executive Physical examination is:

- Men — \$1386
- Women — \$1394  
*does not include periodic screening tests  
(see Recommended Tests)*

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All physicals are billed directly to your company or paid at the time of service. Emory Executive Health does not file with insurance carriers.

Feel free to contact us if you have any questions:

### **Emory Executive Health**

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## Recommended Periodic Tests

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Depending on your age, gender and medical condition, your Emory Executive Health physician recommends the following tests to screen for certain illnesses/diseases:

- Colonoscopy (age 50 + every 7 years thereafter) – \$1,800
- CT Heart – cardiac scoring (at age 45 men; age 50 women, repeat in 5 years - \$200)
- Exercise Treadmill Test (at age 40 and every 3 years thereafter) – \$455
- Vaccines (influenza, pneumonia, diphtheria and tetanus) – prices fluctuate depending on availability
- Mammogram (baseline exam for women at age 35 with annual screenings after age 40) – \$200
- Bone Density (for women at onset of menopause; every three years thereafter) – \$270

## Optional Tests and Services

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Emory Executive Health offers a variety of optional tests and services to meet your health needs:

- Pelvic Ultrasound to detect cysts or tumors in the ovaries or uterus - \$361
- CA-125 genetic test for ovarian cancer - \$116
- Carotid Doppler (detect stroke warning signs) - \$561
- Abdominal ultrasound (screen for aortic aneurysm) - \$238
- Pulmonary Function Studies to screen for bronchitis, emphysema or other lung disorders - \$119
- Stress Echocardiogram (STE) to evaluate the result of increase activity on the heart - \$1,351
- Upper Endoscopy to screen for tumors, ulcers or bleeding in the esophagus and stomach - \$1,512
- Virtual Colonography to screen for colon cancer and bowel diseases (for patients who can not tolerate colonoscopy) - \$500
- Hearing Screening - \$42
- HeartWise<sup>SM</sup> Cardiac Rehabilitation program to reduce heart disease risks - \$770 annually or \$70 a month
- Vision Screening - \$38
- Fitness Assessment - \$75
- Extended Lab Panel - \$381
  - Homocysteine, an amino acid associated with vascular disease
  - Ferritin, which can be associated with an inherited form of an iron storage disease
  - Hgb a1c, monitors blood glucose control
  - Lp(a), (Lipoprotein (a)), a predictor of premature atherosclerotic vascular disease